

Supplement Facts

Serving Size: 1 Pack
Servings per Container: 60

	A.M. Pack		P.M. Pack	
Amount per Serving	% Daily Value		% Daily Value	
Vitamin A (as beta carotene)	5833 IU	117%	5833 IU	117%
Vitamin C (as sodium, calcium, and magnesium ascorbates and ascorbic acid)	593 mg	988%	73 mg	122%
Vitamin D3 (as cholecalciferol)	2500 IU	625%	2500 IU	625%
Vitamin E (as mixed and d-alpha tocopherols)	42 IU	140%	42 IU	140%
Vitamin K2 (as menaquinone)	40 mcg	50%	40 mcg	50%
Thiamin (as thiamin HCl)	3.75 mg	250%	3.75 mg	250%
Riboflavin	4.25 mg	250%	4.25 mg	250%
Niacin (as niacinamide)	10 mg	50%	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%	5 mg	250%
Folic Acid	300 mcg	75%	300 mcg	75%
Vitamin B12 (as cyanocobalamin and methylcobalamin)	27 mcg	450%	27 mcg	450%
Biotin	250 mcg	83%	250 mcg	83%
Pantothenic Acid	22.5 mg	225%	22.5 mg	225%
Calcium (as carbonate, hydroxyapatite, citrate and gluconate)	450 mg	45%	450 mg	45%
Iodine (as kelp and potassium iodide)	100 mcg	67%	100 mcg	67%
Magnesium (as oxide, citrate and amino acid chelate)	100 mg	25%	100 mg	25%
Zinc (as oxide, citrate and amino acid chelate)	7.5 mg	50%	7.5 mg	50%
Selenium (as amino acid chelate)	50 mcg	71%	50 mcg	71%
Copper (as amino acid chelate)	1 mg	50%	1 mg	50%
Manganese (as amino acid chelate)	1 mg	50%	1 mg	50%
Chromium (as amino acid chelate)	100 mcg	83%	100 mcg	83%
Molybdenum (as amino acid chelate)	37.5 mcg	50%	37.5 mcg	50%
Potassium (as citrate and iodide)	25 mg	<1%	25 mg	<1%
Boron (as citrate)	500 mcg	¶	500 mcg	¶
Vanadium (as amino acid chelate)	2.5 mcg	¶	2.5 mcg	¶
Essentials for Women Proprietary Blend	107 mg	¶	107 mg	¶
Beet (<i>Beta vulgaris</i>) juice powder, grape (<i>Vitis vinifera</i>) fruit extract, flax (<i>Linum usitatissimum</i>) seed extract, green tea (<i>Camellia sinensis</i>) leaf extract, choline bitartrate, alpha lipoic acid, Ionic Alfalfa™ (<i>Medicago sativa</i>) leaf extract, milk thistle (<i>Silybum marianum</i>) seed extract, pomegranate (<i>Punica granatum</i>) fruit extract, N-acetyl-L-cysteine, citrus bioflavonoids, rutin, hesperidin				
CytoActives Complex	95 mg	¶	95 mg	¶
Coenzyme Q-10 (ubiquinone)	50 mg	¶	50 mg	¶
Resveratrol (from <i>Polygonum cuspidatum</i>)	25 mg	¶	25 mg	¶
Tocotrienols (as EVNol SupraBio™)*	20 mg	¶	20 mg	¶

Other Ingredients: Gelatin, purified water, extra virgin olive oil, glycerin (vegetable source), starch, extra virgin coconut oil, seaweed isolate, microcrystalline cellulose, silicon dioxide, monoglyceride oil, vegetable capsule, cellulose gum, sodium bicarbonate, cellulose, natural lemon flavor, magnesium stearate (vegetable source), antioxidant complex (mixed tocopherols, rosemary oil extract, sunflower oil, ascorbyl palmitate), natural lime flavor, natural caramel color, sunflower lecithin, calcium carbonate, carnauba wax, sorbitol, natural color (lycopene, caramel brown sugar), ascorbyl palmitate

Contains fish (sardine & anchovy) ingredients.

	A.M. Pack		P.M. Pack	
Amount per Serving	% Daily Value		% Daily Value	
CytoActives Proprietary Blend	358 mg	¶	358 mg	¶
Conjugated linoleic acid, flax (<i>Linum usitatissimum</i>) seed oil, red grape (<i>Vitis vinifera</i>) fruit extract, alpha lipoic acid, pomegranate (<i>Punica granatum</i>) fruit extract, wolfberry (<i>Lycium chinense</i>) fruit extract, ashwagandha (<i>Withania somnifera</i>) root extract, turmeric (<i>Curcuma longa</i>) root extract				
IsaOmega Concentrate	1020 mg	¶	1020 mg	¶
Total omega-3 fatty acids	600 mg	¶	600 mg	¶
EPA (eicosapentaenoic acid)	300 mg	¶	300 mg	¶
DHA (docosahexaenoic acid)	240 mg	¶	240 mg	¶
Other omega-3 fatty acids	60 mg	¶	60 mg	¶
IsaOmega Proprietary 5 6 9 Complex	110 mg	¶	110 mg	¶
Pomegranate (<i>Punica granatum</i>) seed oil (70% omega-5), evening primrose (<i>Oenothera biennis</i>) seed oil (9% omega-6 GLA), borage (<i>Borago officinalis</i>) seed oil (15% omega-9), flax (<i>Linum usitatissimum</i>) seed oil				
C-Lyte Proprietary Blend	40 mg	¶	0 mg	¶
Quercetin dihydrate, citrus bioflavonoids, Ionic Alfalfa™ (<i>Medicago sativa</i>) leaf extract, grape (<i>Vitis vinifera</i>) seed extract				
IsaGenesis Proprietary Blend	1280 mg	¶	1280 mg	¶
Milk thistle (<i>Silybum marianum</i>) seed extract, flax (<i>Linum usitatissimum</i>) seed oil, phosphatidylcholine, turmeric (<i>Curcuma longa</i>) root extract, green tea (<i>Camellia sinensis</i>) leaf extract, giant knotweed (<i>Polygonum cuspidatum</i>) root extract, horny goat weed (<i>Epimedium sagittatum</i>) herb top extract, pomegranate (<i>Punica granatum</i>) fruit extract, ashwagandha (<i>Withania somnifera</i>) root extract, grape (<i>Vitis vinifera</i>) seed extract, boswellia (<i>Boswellia serrata</i>) gum resin extract, blueberry (<i>Vaccinium angustifolium</i>) fruit extract, N-acetyl-L-cysteine, bilberry (<i>Vaccinium myrtillus</i>) fruit extract, R-alpha lipoic acid, L-glutathione, Asian ginseng (<i>Panax ginseng</i>) root extract, bacopa (<i>Bacopa monnieri</i>) whole plant extract, raspberry (<i>Rubus idaeus</i>) fruit extract, canola lecithin, harada (<i>Terminalia chebula</i>) fruit extract, quercetin dihydrate, velvet bean (<i>Mucuna pruriens</i>) seed extract, maca (<i>Lepidium meyenii</i>) root extract, goldthread (<i>Coptis chinensis</i>) root extract, shilajit extract, acacia-thorn mimosa (<i>Acacia nilotica</i>) bark extract, black tea (<i>Camellia sinensis</i>) leaf extract, white tea (<i>C. sinensis</i>) leaf extract, proprietary carotenoid blend (lutein, zeaxanthin)				
¶Daily Value not established.				

§A.M. Pack only

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*from RSP0-certified sustainable palm oil

